
















Week 1 April 2017 April 17 th 2017 May 15 th 2017 June 19 th 2017 July 17 th 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat main course	Halal minced beef chilli con carne	Crispy Halal chicken popcorn wrap Korean spiced Halal chicken wrap  Cereals containing gluten	Halal chicken leg Roast loin of pork with sage and onion stuffing  Cereals containing gluten	Halal chicken and vegetable lasagne  Cereals containing gluten  Milk	Battered cod  Fish  Cereals containing gluten
Vegetarian Main Course	Linda McCartney vegetable mince chilli  Cereals containing gluten  Soybeans	Vegetable samosas or onion bhaji wrap  Cereals containing gluten	Vegetable sausages  Cereals containing gluten	Roasted vegetable, spinach and bean lasagne  Cereals containing gluten  Milk	Pizza bar Chilli Halal chicken pizza Cheese and tomato pizza  Cereals containing gluten  Milk  Soybeans
vegetables	Peas	Salad or sweet corn	Carrots and green cabbage	Green beans	Baked beans
Jacket/pasta/noodle/Panini/pizza bar Coleslaw  Eggs Baked beans Cheese /Tuna mayonnaise  Mustard  Eggs	Jacket potato bar Coleslaw Baked beans Cheese /Tuna mayonnaise Hot Take away pasta pots Cold salad plates	Jacket potato bar Coleslaw Baked beans Cheese/Tuna mayonnaise Hot take away rice pots	Jacket potato bar spicy Halal chicken & sweet corn Coleslaw Baked beans Cheese/Tuna mayonnaise Hot take away noodle pots Cold Salad plates	jacket bar Coleslaw Baked beans Cheese/Tuna mayonnaise Hot take away pasta pots	Jacket potato bar Coleslaw Baked beans Cheese/Tuna mayonnaise
Accompaniments (included with Mains) Coleslaw  Eggs  Mustard	Chef's salad Coleslaw Brown and white rice Garlic Bread Tortilla chips	Herby roasted potato wedges Chef's salad Rainbow slaw	Roast potatoes mashed potatoes Gravy Chef's salad	Garlic bread  Cereals containing gluten  Milk Chef's salad coleslaw	Chunky chips Baked beans Chef's salad Coleslaw

Pasta pots Eggs Mustard Cereals containing gluten	Spicy chicken Tuna and cucumber Cheese salad	Spicy chicken Tuna and cucumber Cheese salad	Spicy chicken Tuna and cucumber Cheese salad	Spicy chicken Tuna and cucumber Cheese salad	Spicy chicken Tuna and cucumber Cheese salad
Hot Puds! Custard	Goopy chocolate sponge Cereals containing gluten Eggs Milk	Apple and banana crisp Cereals containing gluten Milk	Sticky toffee and banana sponge Cereals containing gluten Milk Eggs	Frosted carrot cake Cereals containing gluten Eggs Milk	Assorted doughnuts Cereals containing gluten Milk
Cold Puds!	Fresh fruit/pots, melon slices Yoghurt Milk Apricot cookies Cereals containing gluten	Fresh fruit/pots Yoghurt Milk Date and chocolate brownie Cereals containing gluten Milk	Fresh fruit/pots Yoghurt Milk, melon slices Cherry shortcake Cereals containing gluten Milk	Fresh fruit/pots Yoghurt Milk Fruit cookies Cereals containing gluten	Fresh fruit/pots Yoghurt Milk Strawberry mousse Milk Ice cream pots Milk

Fresh drinking water to be available at break and lunchtime in the canteen area. Menu subject to change due to deliveries or seasonality.

NB. All of our foods are prepared in an environment where nuts and other food allergens are present. If you have any special dietary requirements, please speak to our Executive Chef who will be happy to find something suitable.

The symbols to look out for on the menus are,

Celery (and celeriac)

Molluscs (e.g. clams, mussels, whelks, oysters, snails, squid)

Soybeans

Crustaceans, (e.g. prawns, crabs, lobster, crayfish)

Milk

Lupin (lupin flowers and their seeds)

Sulphur dioxide (a food additive and preservative)

Peanuts

Cereals containing gluten

Mustard

Fish

Eggs

Nuts

Sesame

