


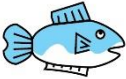









DISHES AND THEIR ALLERGEN CONTENT –MAIN COURSE WEEK 3

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| January 2017 | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| LAMB AND LENTIL CURRY | ✓ | | | | | | | | | | | | | |
| VEGETABLE AND LENTIL DAHL | ✓ | | | | | | | | | | | | | |
| PERI PERI CHICKEN WRAP | | ✓ | | | | | ✓ | | | | | | | |
| VEGETABLE SAMOSA WRAP | | ✓ | | | | | | | | | | | | |
| ROAST CHICKEN | | | | | | | | | | | | | | |
| ROAST PORK LOIN | | | | | | | | | | | | | | |
| VEGETABLE AND QUORN GRATIN | | ✓ | | | | | ✓ | | | | | | | |
| CHICKEN AND LEEK SHORTCRUST PIE | | ✓ | | ✓ | | | ✓ | | | | | | | |
| VEGETABLE MINCE AND ROOT VEGETABLE SHORTCRUST PIE | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| CHILLI CHICKEN PASTA | | ✓ | | | | | | | | | | | | |
| MACARONI CHEESE | | ✓ | | | | | ✓ | | | | | | | |
| SALMON PASTA | | ✓ | | | ✓ | | ✓ | | | | | | | |
| BATTERED COD | | ✓ | | | ✓ | | | | | | | | | |
| VEGETABLE OMLETTE | | | | ✓ | | | | | | | | | | |
| CHICKEN BAR | | ✓ | | | | | ✓ | | | | | | ✓ | |

Review date:
December 2016

Reviewed by:
A.Johnson